



Republic of the Philippines
Department of Education

REGION IV- A CALABARZON
CITY SCHOOLS DIVISION OF THE CITY OF TAYABAS

13 July 2026

DIVISION MEMORANDUM
No. **469** s. 2026

**LEARNERS' HEALTH ASSESSMENT AND SCREENING (LHAS) FOR SCHOOL
YEAR 2026-2027**

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Heads, Public Elementary and Secondary Schools
Heads, Unit/Section
All Others Concerned

1. Pursuant to the **DepEd Order No. 012, s. 2025 Multi- Year Implementing Guidelines on the School Calendar and Activities**; includes the 5-Point Reform Agenda, which prioritizes the protection of learners' physical and mental well-being, DepEd ensures that learners have access to quality medical, dental, nursing, nutrition, and mental health services that will allow them to attain their full educational potential.
2. Learners' Health Assessment and Screening (LHAS) is an integral component of these services, delivered and/or coordinated by School Health and Nutrition (SHN) Personnel as part of the implementation of Oplan Kalusugan sa DepEd (OK sa DepEd).
3. LHAS shall comprise the following components:
 - a. Master listing;
 - b. Nutritional assessment;
 - c. Health history intake and general head-to-toe assessment;
 - d. Vision and hearing screening;
 - e. Oral health assessment; and
 - f. Universal mental health and psychosocial screening and assessment.

Screening components are non-diagnostic in nature and are intended to identify learners who require further evaluation and/or intervention.

4. To support the uniform implementation of LHAS and ensure the standardized recording and reporting of learners' health-related data, schools are enjoined to use the templates, forms and other tools for the components of LHAS which may be accessed at <https://bit.ly/DepEdLHASSY2526Forms>.

5. The LHAS related activities and other health services (e.g. Immunization, deworming) **shall not be considered co-curricular activities** that are limited to being conducted only every two weeks, pursuant to Item **No. 16 of DO 012, s. 2025**. Schedule on the conduct of LHAS will be coordinated with the concerned School Heads, depending on the school calendar.

6. Enclosed is a copy of the Schedule of Learning Health Assessment Services (LHAS) to Schools for your information and guidance.
7. Immediate dissemination of this Memorandum is desired.


CELEDONIO B. BALDERAS JR.
Schools Division Superintendent

Encl.: As stated
Reference: DepEd Order No. 012, s. 2025
To be indicated in the Perpetual Index
under the following subjects:

LEARNERS
HEALTH ASSESSMENT
SCREENING

SGOD- learners' health assessment and screening (lhas) for school year 2026-2027
CHGAI-000320/July 13, 2026

Enclosure 1

**SCHEDULE OF LHAS AND VISION SCREENING FOR ARAL
JULY 2026**

No.	School	Date	Venue
1.	Domoit ES	July 14, 2026 9:00a.m. - 5:00p.m.	
2.	Calumpang IS	July 15, 2026 8:00a.m. - 5:00p.m.	Clinic Day
3.	Mayuwe IS	July 16, 2026 9:00a.m. - 5:00p.m.	
4.	Lalo ES	July 17, 2026 9:00a.m. - 5:00p.m.	ARAL Vision Screening
5.	FELES	July 21, 2026 9:00a.m. - 5:00p.m.	
6.	TECS	July 22, 2026 9:00a.m. - 5:00p.m.	Clinic Day
7.	Gibanga ES	July 23, 2026 9:00a.m. - 5:00p.m.	
8.	Mate IS	July 24, 2026 9:00a.m. - 5:00p.m.	ARAL Vision Screening
9.	EFIS	July 28, 2026 9:00a.m. - 5:00p.m.	
10.	Calumpang IS TWCS I	July 29, 2026 9:00a.m. - 5:00p.m.	Clinic Day
11.	Ipilan -Alitao ES TWCS II	July 30, 2026 9:00a.m. - 5:00p.m.	
12.	Malaoa-Calantas ES	July 31, 2026 9:00a.m. - 5:00p.m.	ARAL Vision Screening

Enclosure 2

**SCHEDULE OF LHAS AND VISION SCREENING FOR ARAL
AUGUST 2026**

No.	School	Date	Venue
1.	TWCS I TWCS IV	August 4, 2026 9:00a.m. – 5:00p.m.	
2.	TECS	August 5, 2026 9:00a.m. – 5:00p.m.	Clinic Day
3.	TWCS II	August 6, 2026 9:00a.m. – 5:00p.m.	
4.	TWCS III	August 7, 2026 9:00a.m. – 5:00p.m.	ARAL Vision Screening
5.	TWCS IV	August 11, 2026 9:00a.m. – 5:00p.m.	
6.	Calumpang IS	August 12, 2026 9:00a.m. – 5:00pm	Clinic Day
7.	DapDap IS RQINHS	August 13, 2026 9:00a.m. – 5:00p.m.	
8.	CQES	August 14, 2026 9:00a.m. – 5:00p.m.	ARAL Vision Screening
9.	Lacawan ES Tayabas National HS	August 18, 2026 9:00a.m. – 5:00p.m.	
10.	RQINS Pandakaki IS	August 25, 2026 9:00a.m. – 5:00p.m.	
11.	TECS	August 26, 2026 9:00a.m. – 5:00p.m.	Clinic Day
12.	Pandakake IS	August 27, 2026 9:00a.m. – 5:00p.m.	
13.	Alsam IS	August 28, 2026 9:00a.m. – 5:00p.m.	ARAL Vision Screening

Enclosure 3

**SCHEDULE OF LHAS AND VISION SCREENING FOR ARAL
SEPTEMBER 2026**

No.	School	Date	Venue
1.	Lawigue ES	September 1, 2026 9:00a.m. – 5:00p.m.	
2.	Calumpang IS	September 2, 2026 9:00a.m. – 5:00p.m.	Clinic Day
3.	East Palale ES	September 3, 2026 9:00am – 5:00pm	
4.	TECS	September 9, 2026 9:00a.m. – 5:00p.m.	Clinic Day
5.	South Palale ES	September 10, 2026 9:00a.m. – 5:00p.m.	
6.	North Palale ES	September 11, 2026 9:00a.m. – 5:00p.m.	
7.	West Palale ES	September 15, 2026 9:00a.m. – 5:00p.m.	
8.	Calumpang IS	September 16, 2026 9:00a.m. – 5:00p.m.	Clinic Day
9.	Ilasan IS	September 17, 2026 9:00a.m. – 5:00p.m.	
10.	Masin ES	September 18, 2026 9:00am – 5:00pm	
11.	Valencia ES	September 22, 2026 9:00a.m. – 5:00p.m.	
12.	TECS	September 23, 2026 9:00a.m. – 5:00p.m.	Clinic Day
13.	Katigan Alupay ES	September 24, 2026 9:00a.m. – 5:00p.m.	
14.	Talolong IS	September 25, 2026 9:00a.m. – 5:00p.m.	
15.	West Palale NHS	September 29, 2026 9:00a.m. – 5:00p.m.	
16.	Busal IS	September 30, 2026 9:00a.m. – 5:00p.m.	